

# Survivor of Torture Psychosocial Well-being Index-Short (SOT-PWI-S)

<i>Areas of Need</i>	<i>Levels of Need</i>			
	(1) <b>In Crisis</b>	(2) <b>Vulnerable</b>	(3) <b>Stable</b>	(4) <b>Safe</b>
<b>Legal (Immigration)</b>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Is in detention;</li> <li>• Is undocumented;</li> <li>• Is in deportation proceedings;</li> <li>• Requires immigration assistance but is without legal representation.</li> </ul>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Is in the early stages of immigration proceedings;</li> <li>• Has a basic understanding of proceedings but is facing barriers that prevent full participation in the legal process.</li> </ul>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Is working with legal representative to obtain some form of legal residency status;</li> <li>• Is waiting to hear from immigration court;</li> <li>• Is working with attorney to appeal.</li> </ul>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Is a refugee, asylee, legal permanent resident, or naturalized U.S. citizen;</li> <li>• Has resolved immigration legal status.</li> </ul>
<b>Housing</b>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Is homeless;</li> <li>• Reports housing conditions to be unsafe or unsanitary;</li> <li>• Describes living situation that presents immediate danger to self or family.</li> </ul>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Reports housing is available but undesirable or short-term;</li> <li>• Feels uncomfortable with current living situation;</li> <li>• Is being exploited in exchange for room and board.</li> </ul>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Reports housing or living situation is tolerable;</li> <li>• Housing is temporary but safe and predictable;</li> <li>• Provides a service in exchange for room and board.</li> </ul>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Reports housing is safe, stable, and long-term;</li> <li>• Has resources or means to maintain housing.</li> </ul>
<b>Physical Health Needs</b>	<p>Client</p> <ul style="list-style-type: none"> <li>• Is unable to manage current health needs;</li> <li>• Has untreated life-threatening physical health needs;</li> <li>• Is not receiving needed medical care for a chronic disease.</li> </ul>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Is inconsistent in managing health needs;</li> <li>• Identifies present illness or physical health concern that has gone untreated.</li> </ul>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Is mostly managing current physical health needs;</li> <li>• Is receiving needed medical care to stabilize a chronic disease.</li> </ul>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Reports mostly good health;</li> <li>• Does not have any new physical health concerns at this time.</li> </ul>

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<i>Areas of Need</i>	<i>Levels of Need</i>			
	(1) In Crisis	(2) Vulnerable	(3) Stable	(4) Safe
<b>Mental Health Needs</b>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Demonstrates patterns of severe emotional instability and/or violence against self or others;</li> <li>• Is unable to care for self or family due to impaired mental health;</li> <li>• Communicates plan, intent, and/or access to means that present clear risk of harm to self or others.</li> </ul>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Reports occasional bouts of emotional instability and/or threatening behavior toward self or others;</li> <li>• Reports some inability to care for self or family due to impaired mental health;</li> <li>• Reports some form of suicidal ideation but denies plan, intent, or means.</li> </ul>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Presents mostly stable mental health including emotional regulation;</li> <li>• Is mostly able to care for self or family;</li> <li>• Is aware of mental health needs and is receiving regular mental health treatment.</li> </ul>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Does not show behaviors or emotions that would suggest symptoms of mental illness;</li> <li>• Describes regular involvement in activities that bring them purpose and pleasure;</li> <li>• Does not report any mental health concerns at this time.</li> </ul>
<b>Access to Community Resources</b>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Is unaware or unable to access community resources.</li> </ul>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Is aware of community resources but reports significant barriers in accessing services;</li> <li>• Is unwilling to make use of available resources.</li> </ul>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Has taken steps toward accessing services;</li> <li>• Reports some service barriers still need to be addressed;</li> <li>• Community resource choices are limited.</li> </ul>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Can access a full range of services to meet basic needs as significant barriers to service have been addressed.</li> </ul>
<b>Support System in the U.S.</b>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Does not report any trusting relationships;</li> <li>• Communicates support system is predatory and exploitative.</li> </ul>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Reports some emotional or instrumental support but assistance is unreliable or insufficient;</li> <li>• Describes support system that communicates misinformation encouraging client fearfulness.</li> </ul>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Reports reliable emotional and/or instrumental support from at least one trusted relationship.</li> </ul>	<p>Client:</p> <ul style="list-style-type: none"> <li>• Identifies several strong support systems;</li> <li>• Is able to give as well as receive support.</li> </ul>